

Outdoor Adventurous Activities

By the end of Year 1 pupils should have a basic grasp of this content. By the end of Year 2 pupils should have an advancing understanding of this content, whilst some will have a deep understanding.

- Lead others when appropriate.

By the end of Year 3 pupils should have a basic grasp of this content. By the end of Year 4 pupils should have an advancing understanding of this content, whilst some will have a deep understanding.

- Select appropriate equipment for outdoor and adventurous activity.
- Use a range of devices in order to orientate themselves.
- Quickly assess changing conditions and adapt plans to ensure safety comes first.

By the end of Year 5 pupils should have a basic grasp of this content. By the end of Year 6 pupils should have an advancing understanding of this content, whilst some will have a deep understanding.

- Identify possible risks and ways to manage them, asking for and listening carefully to expert advice.
- Embrace both leadership and team roles and gain the commitment and respect of a team.
- Empathise with others and offer support without being asked. Seek support from the team and the experts if in any doubt.
- Remain positive even in the most challenging circumstances, rallying others if need be.